



The Department of Veterans Affairs Proudly Presents its National Rehabilitation Special Event – the National Veterans Summer Sports Clinic in San Diego.



Setting  
YOUR Course  
for the Future.



NATIONAL  
VETERANS

SUMMER  
SPORTS  
CLINIC

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Department of  
Veterans Affairs



[www.summersportsclinic.va.gov](http://www.summersportsclinic.va.gov)



**National Veterans  
Summer Sports  
Clinic**

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September 18-23, 2011 • San Diego, California



Department of  
Veterans Affairs





The Summer Sports Clinic introduces recently injured Veterans to adventure sports and recreational activities, such as sailing, surfing, cycling (upright, hand, and tandem), kayaking, and track and field events. Complementing the therapy provided in daily rehabilitation programs, the Clinic gives Veterans a glimpse into the many adaptive recreational opportunities awaiting them.

### A Week-Long Journey

The Clinic promises a week of exploration and accomplishment in water and summer sports for Veterans from across the country. Their injuries range from brain trauma and polytrauma, to spinal cord injury and limb loss. The event provides early intervention for Veterans battling back from injury. Clinic participants will improve overall well-being by strengthening their bodies as they learn first-hand their potential for leading active and rewarding lives.

### Building New Skills

Participating in activities that are exciting and fun transforms hope to confidence. Veterans renew old skills and build new ones as the Summer Sports Clinic reinforces the hard work and motivation of their ongoing rehabilitation. The ultimate goal is adapting to a new way of life without giving up activities of the past or compromising a fulfilling future. The recreational activities and unconventional therapies offered by the Clinic enable Veterans to prove to themselves that facing and taking command of change can be truly liberating – sometimes in unexpected ways.



### The Perfect Location

Known for its strong military presence and ideal coastal climate, San Diego is the perfect location for the Clinic. The VA San Diego Healthcare System, host of this unique event, offers a tremendous base of comprehensive medical and physical rehabilitation expertise and strong community volunteer support. The bottom line is a healthy, healing setting for this one-of-a-kind event.



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